

BREAKTHROUGH ONE

PATIENT ORIENTATION PROGRAM

Day one includes admissions, laboratory, x-rays, psychological testing, history taking and a physical examination.

Detoxification begins as soon as the blood is drawn for laboratory analysis...Detoxification is done with vitamins and minerals without withdrawal symptoms or other discomfort.

Day two begins oral nutrients which are given every two hours each day for the entire fifteen days.

Day three is the beginning of the counseling and exercise program which continues for the balance of the hospital.

Days seven and fourteen are reserved for repeat testing to measure the extent of the patient's change.

A typical day begins at 7:00 a.m. with waking, bathing, being weighed and vital signs taken - breakfast is at 8:00 a.m. and everyone eats together. There are three counseling sessions each morning and each afternoon - two additional counseling sessions take place after the evening meal.

No phone calls are permitted during the entire stay - also no visitors are allowed so that each patient can devote the entire time to pertinent problems without distractions. This guarantees each patient the richest possible experience.

The doctor spends as much time as necessary with each patient daily. Our medical staff fields all pertinent questions so that each patient knows what's happening at all times.

Finally the patient is sent home with written instructions for dietary future needs for nutrients and exercise.

At no time are any medicines offered or needed... our patient's leave truly clean of the mind and body never to become CONTAMINATED AGAIN.....